

# New Farms for New Americans

# Announcements

- This winter we will be have meetings to hand out seeds to everyone for their market crops.



# Seed Distribution

- This will happen in groups.
- All summer, we would like you to work on market crops as a group. This is to make our attempts at selling the crops a little easier.
- Seeds for home use will be given out later, in the spring. We will be using the meeting time to focus on crops you are selling for \$.

# Josie

- Is leaving for two months to visit her family. If you need help, you can talk to Rita, Julie, Yam, Erick, or anyone at AALV.

# Greenhouse Construction

**At O'Briens in  
Winooski**



# Greenhouse Construction

**You can help with construction**

**Just let Rita or Yam know that you would like to help, and we will call you.**



# Greenhouse Construction

The greenhouse will be for starting seeds....



**In our short growing season, we need the extra warmth and protection.**





# Tiers

- Level 1 Community Garden for home use.



# Tiers

- Level 2 – Market Garden
- Home use and sales.





# Tiers

- Level 3 – Sales and home use
- Independent – making sales and deliveries without project help.
- Project will help you find customers, but after that it is up to farmer to maintain the relationship.
- After 4 years, farmers in level 2 have to choose if they want to continue to level 3 or level 1.

*There are lots of ways to sell  
produce.....*

Community Supported Agriculture  
(CSA)

Farmers Markets

Farm Stands

Stores

Restaurants

# Level of Commitment

- It is important to understand the level of your commitment...how much time do you have to spend on your garden? Do you have to take care of children, relatives? Do you have another job?
- There is no right answer! It is just important that you decide what is right for you.



# *Restaurant and Store Sales*

- Josie, Julie or Rita will make sales calls for you.
- You have to tell us what is ready in your garden and how the quality is.
- If a restaurant or store wants to buy it, we will let you know when to harvest it.



# Community Supported Agriculture (CSA)



**INTERVALE**  
**FOOD HUB**





# CSA

- NFNA CSA is every Tuesday. This is a good option for people who want to grow and sell a smaller amount and cannot make a commitment to being there every week.
- Food Hub CSA is for people who are willing to work each week at growing a large crop and who want to make a little more money. This will require quite a bit more commitment.

# Farmers Markets



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- This is a good option for more independent growers who have their own transportation. Burlington, Winooski, Shelburne, and South Burlington all have weekly markets in the summer.
- If you choose to do this, you must go every week so that customers can count on you to be there.

# Farm Stands



# Crops

We will assign market crops to growers based on how much of a commitment they are willing to make. You will need to tell us how much time you want to spend on this project and how sure you are that you can be there on the days we need to harvest. We will help you plan out when the crop needs to be planted during our winter meetings.

# Greenhouse Growing

- Another commitment to keep in mind is if you take a market crop that has to be planted in the greenhouse before going out into the field, you will need to take the time to do that planting and take a turn at watering the plants in the greenhouse.
- You will also have to pay for part of the seeds, soil, and pots you use.

# Working in Groups

- To make it easier for us to sell your crops, we are asking that you work in groups.
- You can still grow food for home use in your plots, but you will have to share space with others for the market crops. It is usually best to grow a larger amount of one crop than lots of small amounts of different crops.
- You will share the work and money for your market crops and you can work that out with the people in your group.

# Monday

- Van service to the farm at Ethan Allen
- That is the day you must tell us what is ready to harvest for sale from your garden.
- If you have an order for the Intervale Food Hub, that will be the day to harvest it.

# Tuesday

- Van service to the farm at Ethan Allen
- Harvest for Farm Stand in Burlington
- Harvest for CSA in Burlington
- Harvest for Stores and Restaurants deliveries
- If you cannot be there on a Tuesday, make arrangements for someone else to pick up your produce.



# Wednesday

- Day off!
- You can go to the farm on your own if you have transportation.
- No deliveries or harvests.

# Thursday

- Van service to Ethan Allen
- Harvest for O'Brien's Farm Stand
- Thursdays at Intervale for people who make prepared food.

# Friday

- Van service to Ethan Allen
- Look at what might be ready in your garden for selling the following week.
- The more you can tell us, the easier it is to sell.

# Other Opportunities

- Prepared Foods – home catering license required. Prepared foods can be sold through CSA, at farm stands, farmers markets, and Intervale Thursday festival.
- Farm Stands
- Friday Deliveries for CSA for Bhutanese families.

# Farmers Market Displays



# Produce Displays















