Sarah Bostick NASAP Cultivating Community

This institution is an equal opportunity provider.

January 28, 2013

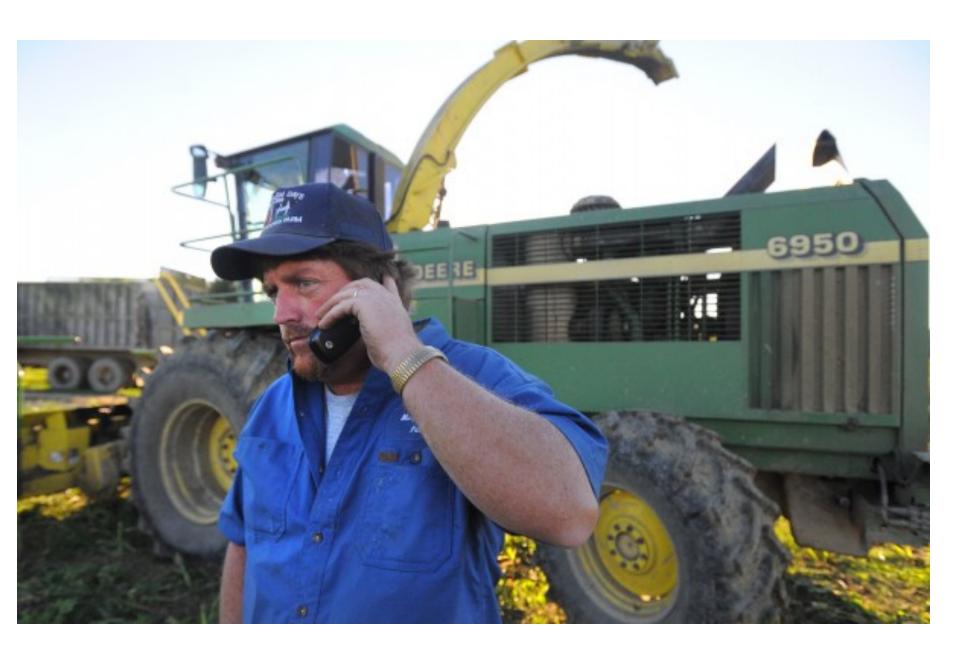


Farming in Maine









































Farms in Maine produce many different products, are many different sizes, and look very different from each other



At the farm in Lisbon, we are smallscale organic vegetable growers

Why?

- No special license to grow vegetables
- Start up costs are low
- Maintenance costs are low
- Infrastructure costs are low
- You don't need to buy any big equipment
- You don't need special refrigerators or freezers
- Everyone eats vegetables!
- No special license to sell vegetables
- The farm owner only allows vegetables and flowers

Let's watch a slide show of pictures from the farm in Lisbon! This is what farming looks like on our farm!



Farm level details and enrollment information on specific crop ins. programs are available from crop insurance agents

(www.rma.usda.gov/tools/agent.htm).