

# LETTUCE, SALAD MIX, SCALLIONS, CILANTRO

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Crops to sell to our markets, and best ways to grow them

# Lettuce can be grown three different ways

- Cut Salad Greens, also called “Lettuce Mix”.
- Baby head lettuce
- Full head lettuce

We have customers that would like all three kinds of lettuce, so today we will explain how to do it.

Many of you have grown lettuce really well in the past, and maybe you can help some of the newer participants this summer by answering their questions. We have to make sure that the quality is very good for the customers.

Cut salad greens are cut when they are about 3 to 4 inches long.



It is nice to use a mixture of lettuces with bright colors, interesting shapes, and good flavor.



Lettuce Mix is seeded directly in the ground in straight rows. You can mix the different varieties together, but the best results come from growing individual varieties separately.

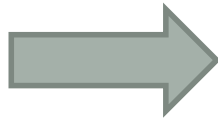


The seeder makes the job of seeding lettuce mix much easier



You must keep the weeds out of the Lettuce Mix planting, otherwise it makes it much harder to harvest and the plants don't do very well.

**NO  
GOOD!**



When it is time to harvest, the best tools to use are good scissors or a very sharp knife.

The best time to harvest is early in the morning before the sun and heat make the lettuce soft and fragile.





Some farmers use an old washing machine to spin the lettuce mix to dry it. We may have one of those at our wash station this year. It is very important to wash it well, and then dry it well – otherwise it rots and is full of dirt. Customers will not buy it if it does not meet their standards.



