



Production Basics: Seeding

New Farms for New Americans

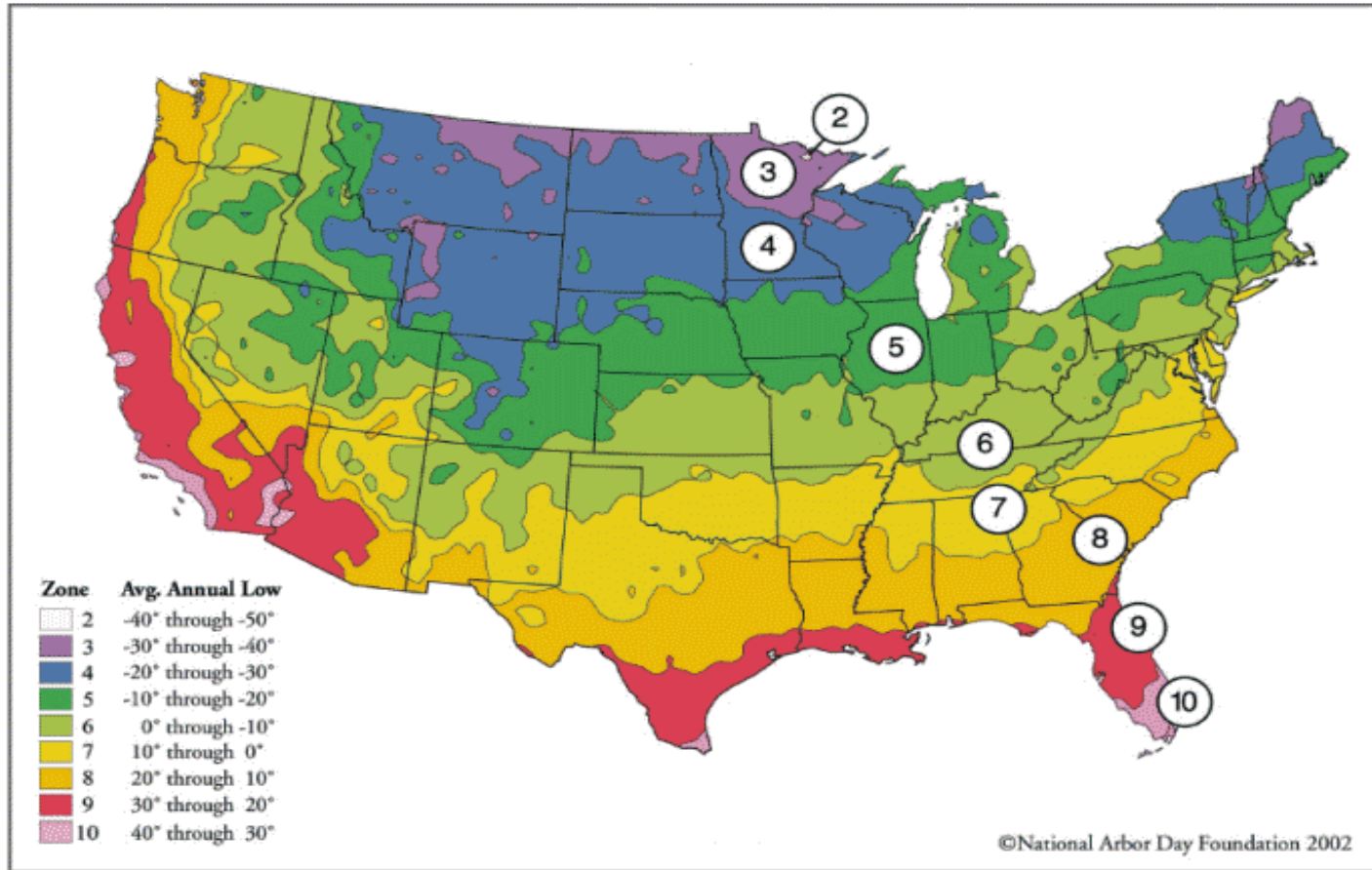
2009

What Are Seedlings?

Also called a plug, a transplant, a start



Zone Hardiness Map of USA



How to Start Plants

- Every plant is different and should be seeded at a different time.
- Choose the right container
- Use good soil (seed starter mix, or germination mix)
- Don't over seed- bury seeds at twice their depth
- Water often, but do not over water
- 1-2 weeks before planting time, bring the seedlings outside to get them used to the cooler weather. Bring them in at night. Increase their time outside everyday.

Starting Seeds is Easy as 1, 2, 3...



1. Fill the tray with soil.



2. Divide seeds up into tray cells.

3. Push seeds just below the soil.



Tips for Using Egg Crates







Best Plants to Start at Home



- Cucumber
- Watermelon
- Summer Squash (zucchini)
- Winter Squash
- Swiss Chard
- Kale



More difficult, you should buy from store or greenhouse:
Tomato, Peppers, Okra, Eggplant.

