





Transplanting Traditions Community Farm

MISSION: To provide refugee adults and vouth access to land, healthy food and agricultural and entrepreneurial opportunities. The farm provides a cultural community space for families to come together, build healthy communities and continue agricultural traditions in the Piedmont of N.C.

FOOD ACCESS



92 DOZEN **EGGS PER WEEK**

AT TTCF

FARM INCOME

In 2015, TTCF Farmers will earn through CSA. farmers' market and neighborhood sales

Almost \$125,00 total earned to date

COMMUNITY POPULATION

Refugee adults and children

I AND

TTCF works directly with



In 2014, farmers regularly shared vegetables with

refugee friends and neighbors



ECONOMIC VULNERABILITY

acres cultivated by 30 **families**

PHOTO BY NATALIE ROSS





40% of participating families are below the **Federal** Poverty Level

The rest are low income.

Visitors Over 15 tours

Volunteer hours Over 90 volunteers

NFW FAMILIFS

1.800 **CSA Boxes**



GROWN FOR

EDUCATION

TTCF STAFF PROVIDED

HOURS OF CLASSROOM **EDUCATION**

& 72 HOURS OF ON-FARM TRAINING



YOUNG CHILDREN

REFUGEE **PARTICIPATED**

IN 36

HOURS

OF ENVIRONMENTAL AND HEALTHY **EATING EDUCATION AND FARM EXPLORATION**

MENTAL HEALTH



100% **OF FARMERS EXPERIEINCED A** A REDUCTION IN STRESS **DUE TO PARTICIPATION**

AT THE FARM

CULTURE & FOOD

FARMERS GROW

FROM BURMA

\$2,500 RAISED TO BUY

TRADITIONAL VEGETABLES

FROM TTCF FARMERS TO DONATE TO REFUGEE FAMILIES IN NEED

TEENS

Contributed

176 hours to sharing

CULTURAL & AGRICULTUR

TRADITIONS

GAINING JOB & LEADERSHIP SKILLS

Thanks to our generous supporters



























Project Overview

- 64 farmers
- 5 continuous acres—expanding to 8 acres for 2016
- 94 member 27 week long CSA and two farmers markets
- Sales are expected to reach \$60,000 in 2015
- 100% of income goes to farmers (none to program)
- 7 farmers participate in TTCF markets others sell independently within refugee community
- We don't aggregate sales except sometimes with wholesale
- Share a Share and niche marketing
- 100 egg laying hens in 2014 (250 for 2015!?!)
- Highest income in 2014 was \$14,000 (gross) to one farmer lowest is \$800
- General Store (buying in bulk and re-selling at cost)
- Subsidization!
- We have used the same translator since 2009, crucial staff member

Education Overview

- End of year interviews with each family dictate program direction, feedback and educational initiatives
- General Store allows us to subsidize cost but keep the actual cost of farming transparent—fertilizer, seeds, row cover, plants that we start in greenhouse, etc.
- Standardized planting methods, fertilizer use etc.
- Hands on trainings every Wednesday and Friday From March to November
- Growers School each winter. This year we did 14 four hour trainings divided into beginning and advanced levels. Required attendance at 5 out of 7 advanced trainings for farmers who want to market through TTCF markets.
- Staff provides beginning and advanced hands on and classroom trainings
- Staff provides weekly hands on quality control and CSA packing assistance with farmers
- Staff provides bi-monthly market assistance at Farmers' Markets
- Leadership Development for 2015

This document creat	ed by Kelly Owen	sby & Transp	lanting Tradition	s Community F	arm Autum	n Crop Planning Guio	le
	A	В	C	D	E	F	~
Guide for 1020 CSA Boxes	Amount of plants per CSA Box	Number of CSA boxes?	A × B= C Total Plants Or seeds?	How many inches apart?	How many rows per bed?	How many bed feet? *D*E*12=F	Done? Date?
EXAMPLE	5	5	$A \times B = C$ $5 \times 5 = C$ 25	2 inches	2 rows	0×0÷E÷12=F 25x 2÷2÷12= 2.08	
Cilantro 1	3.5 Santo plants 8 Santo			4 inches 1 inch	3 rows		
Carrots 1	seeds 100 Sugarsnax seeds 100 Nelson seeds			½ inch .5 inch ½ inch .5 inch	3 rows		
Beets 1	22 plants Choose your varieties			2 inches	3 rows		
Broccoli 1	3.5 plants Choose your varieties			16 inches	2 rows		
Collards 1	2 Flash plants			16 inches	2 rows		
Cabbage 1	1.5 Rubicon plants			12 inches	2 rows		
	1.5 Red Express plants			12 inches	2 rows		
Kale 1	2.5 Toscano plants 2.5 Red Russian plants			6 inches	2 rows 2 rows		
Spinach 1	9.5 plants Choose your varieties			6 inches for plants	3 rows		
Spinach 2	20 seeds Choose your varieties			½ inch .5 inch	3 rows		

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	A	В	C	D	E	F	~	
Guide for 1020 CSA Boxes	Amount of plants per CSA Box	Number of CSA boxes?	A × B= Total Plants or seeds?	How many inches apart?	How many rows per bed?	How many bed feet? *D*E*12=F	Done? Date?	
Turnips 1	65 seeds Choose your varieties			½ inch .5 inch	3 rows			
Turnips 2	65 seeds Choose your varieties			½ inch .5 inch	3 rows			
Lettuce 1	1.5 plants Choose your varieties			6 inches	2 rows			
Lettuce 2	1.5 plants Choose your varieties			6 inches	2 rows			
Radishes 1	65 seeds choose your varieties			½ inch .5 inch	3 rows			
Radishes 2	65 seeds choose your varieties			½ inch .5 inch	3 rows			
Radishes 3	65 seeds choose your varieties			½ inch .5 inch	3 rows			
Onions 1	18 plants choose your varieties			4 inches	3 rows			
Swiss Chard 1	2.5 plants			6 inches	3 rows			
Cauliflower 1	4 plants choose your varieties			16 inches	2 rows			

	A	В	C	D	E	F	'
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Leeks 1	2 plants			4 inches	3 rows		
Bok Choy 1	1.5 plants			6 inches	3 rows		
Asian Greens 1	5 plants			4 inches	3 rows		
	10 seeds			1 inch	3 rows		
Salad Mix 1	Arugula 550 seeds			½ inch .5 inch	72 rows		
	550 seeds			½ inch .5 inch	72 rows		
	550 seeds			½ inch .5 inch	72 rows		
Salad Mix 2	Arugula 550 seeds			½ inch .5 inch	72 rows		
	550 seeds			½ inch .5 inch	72 rows		
	550 seeds			½ inch .5 inch	72 rows		
Nasturtium 1	8 seeds			2 inches	4 rows		
Strawberries 1	8 plants			12 inches	2 rows		

	A	В	C	D	E	F	~
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Tatsoi 1	2.5 plants Choose your varieties			6 inches	3 rows		
Parsley 1	3 plants			6 inches	3 rows		
Fennel 1	2 plants			8 inches	3 rows		
Radiccio 1	2 plants			6 inches	3 rows		
Dill 1	1.5 plants			6 inches	3 row		
Sorrel 1	15 seeds			½ inch .5 inch	3 rows		
Garlic 1	20 cloves			4 inches	3 rows		

Guide for 1-9 CSA Boxes This document created by Transplanting Traditions Community Farm

Teachers Notes

**TTCF doesn't aggregate CSA sales. Each farmer decides and is then responsible for a certain amount of CSA customers. We run a 27 consecutive week CSA. This system is very different from aggregation and we use much different teaching techniques as a result. It has allowed us to train very independent farmers who successfully do most of their planning, planting, harvesting and marketing independently.

WHAT	Notes	VARIETY	Date Planted	How Much Planted	First Expected Harvest Date	Actual Harvest Date	Harvest Date	Harvest Date	Harvest Date	Harvest Date	Harvest Date	Harvest Date	Ha Da
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Basil, Hoary Leaf		Ever- green	Bean, Provider	1 cent per gram	50 days
Basil, Holy Green	15 cents per plant	Ever- green	Bean, Red Noodle Yard Long	6 cents per gram	85 days
Basil, Holy Nicobar	15 cents per plant	70-90 days	Bean, Winged		Ever- green
Basil, Holy Tulsi	15 cents per plant	90100 days	Beans, Jumbo Italian Flat	2 cents per gram	55 days
Basil, Hoy Red	15 cents per plant	Ever- green	Beets, Merlin	17 cents per gram	48 days
Basil, Lemon	15 cents per plant	60 days	Beets, Red Ace	23 cents per gram	50 days
Basil, Thai Sweet Stem	15 cents per plant	70-80 days	Bitter Melon, Deva Hybrid	25 cents per gram	
Bean, Amethyst	3 cents per gram	56 days	Bitter Melon, Green Skin	23 cents per gram	70 days

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