



# World PEAS CSA

*Farm Fresh Food for All*



A weekly farm-share with the **World PEAS CSA** combines produce grown by beginning, immigrant and refugee farmers in greater Boston, along with berries, tree fruit, and sweet corn from other local farms.

## Sample Family Fresh Share

*On a given week, receive all of the following in your share:*

### SPRING

- 1 bunch Tuscan kale
- 3/4 lb spinach
- 1 head green leaf lettuce
- 1/2 lb baby salad greens
- 1 bunch red radishes
- 1 bunch garlic scapes
- 1 bunch scallions
- 1 quart strawberries
- 1 lb rhubarb

### SUMMER

- 1 bunch Swiss chard
- 1/2 lb baby arugula
- 2 pieces zucchini
- 2.5 lb new potatoes
- 5 ears sweet corn
- 1 Italian eggplant
- 3 green bell peppers
- 1 bunch Italian basil
- 2 cucumbers
- 1 pint cherry tomatoes
- 4 heirloom tomatoes
- 3 lbs peaches

### FALL

- 1 bunch collard greens
- 1/2 lb baby Asian greens
- 1 Butternut squash
- 1 Acorn Squash
- 4 lbs sweet potatoes
- 2 heads of garlic
- 1 head red cabbage
- 2 leeks
- 1 bunch yellow carrots
- 1 bunch sage
- 2.5 lbs Bosc pears