Common Vegetables Grown and Eaten in Vermont







kale

Swiss chard



Collard greens



Collards have tough, rounded leaves and green-white stems

broccoli

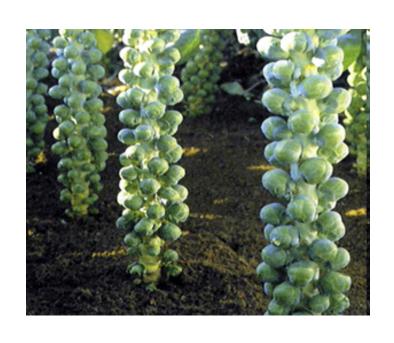




Photo by Gokhan Okur

spinach

Brussels sprouts





cabbage



Red cabbage



Green cabbage



Napa cabbage



Savoy cabbage





head of lettuce

mesclun mix

or salad mix



Winter squash





Butternut squash



Acorn squash



Delicata squash



Red Kuri squash



Kabocha squash



Spaghetti squash

Summer squash

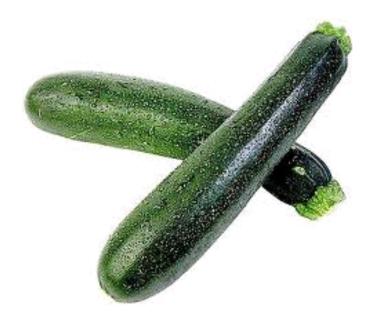


Pattypans are round and yellow Round zucchinis are round and green

Zucchini is green and long



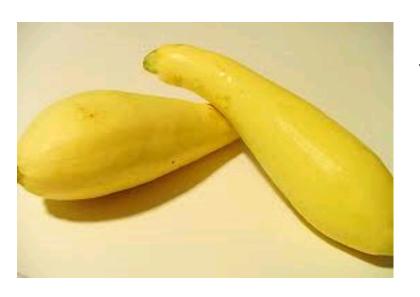
Yellow squash is yellow and long



Zucchini



Pattypan

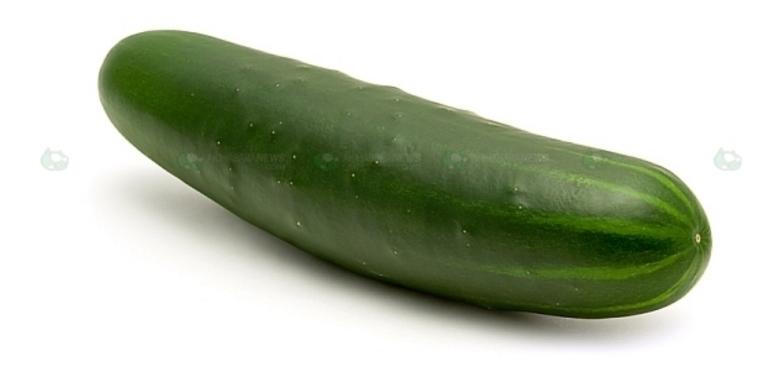


Yellow squash



round zucchini

cucumber





Green beans

Wax beans



peas

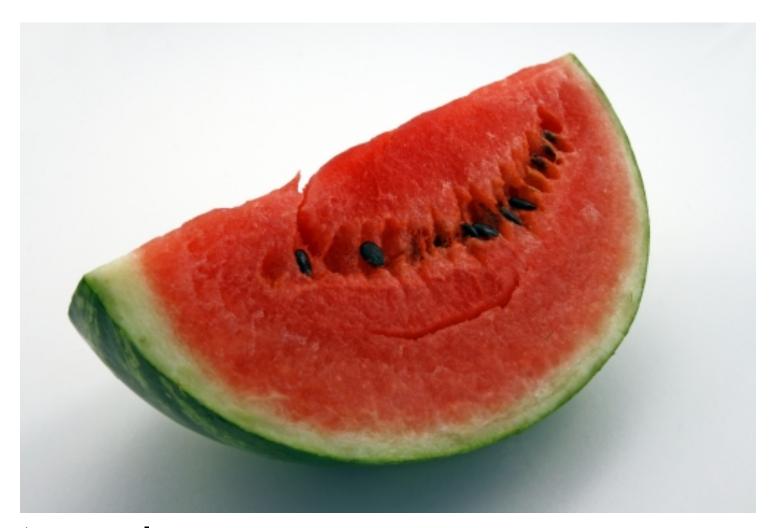


Snow peas



Sugar snap peas





watermelon

pumpkin



radishes



sweet potato







Hot pepper

okra



tomato



cherry tomato



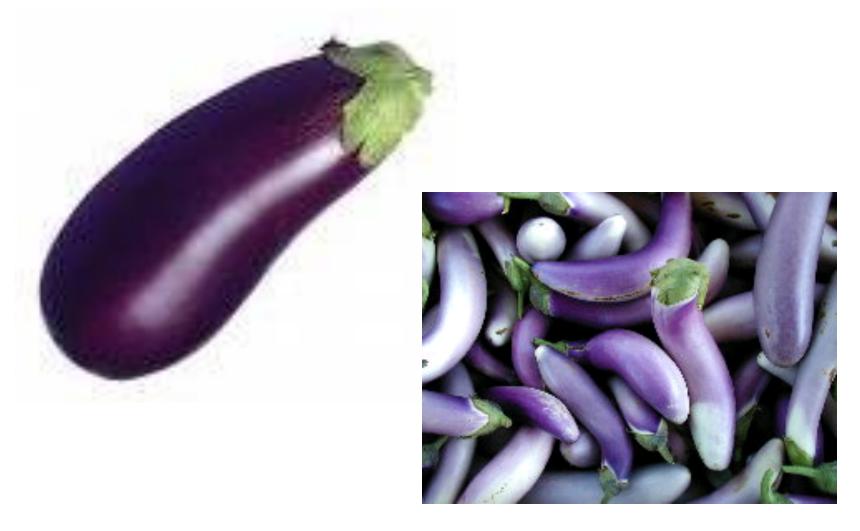
Green peppers



Arugula



eggplant



tomatillos



onion





scallions

leeks



garlic



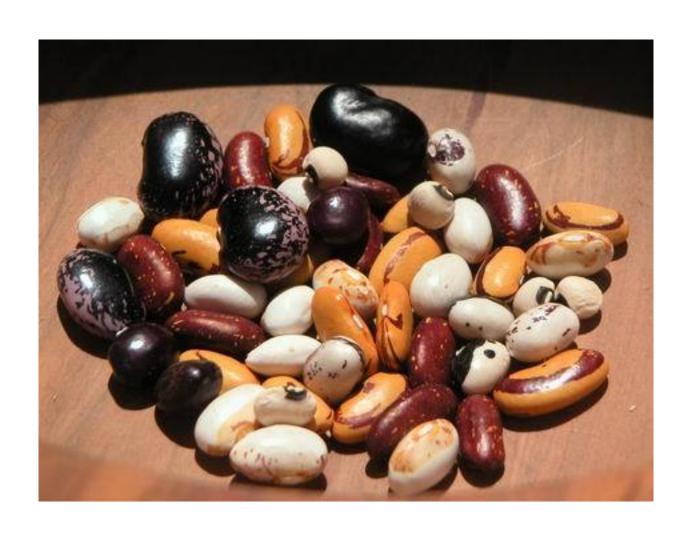
amaranth



carrots



Dry beans



Bok choy



Beets and beet greens



herbs



Rosemary, thyme and oregano